

BI-WEEKLY Journal



SEPT. 18
2017
EDITION

MR. B. COSTA, MR. J. BORYS AND MR. L. BEDELL

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STERLING PREPARES STUDENTS

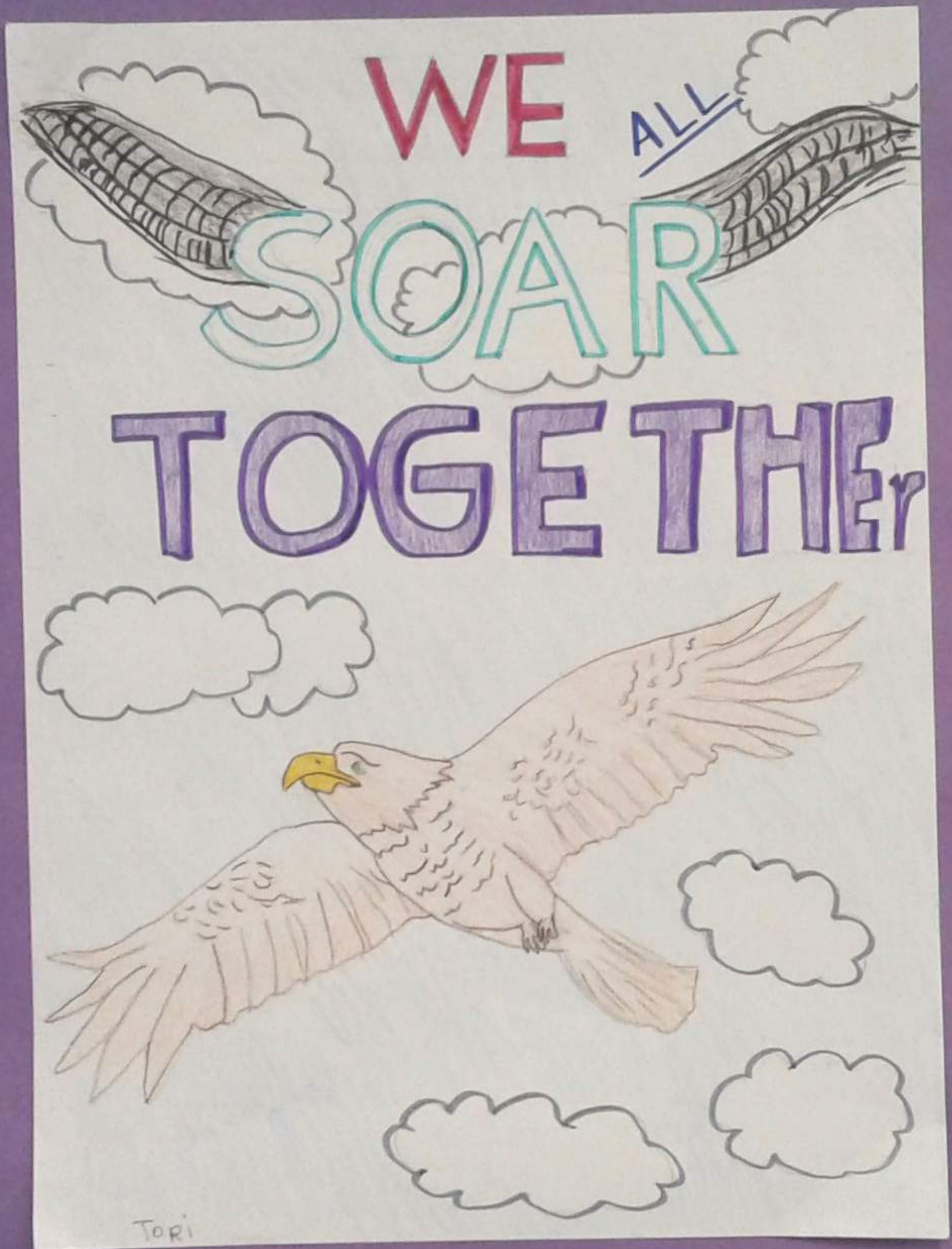
Sterling Prepares Students For Self-Direction in the Workplace By Ketsia Brandsen

Usually when you walk into a school you plan on seeing students bent over desks with a teacher dictating a lesson. This is how it was here at the Portland campus, until about the start of this school year. Over the summer the Sterling schools in the US did major remodels, in order to create a very special learning center for a new kind of learning. These centers are designed for self-directed learning, and allow students to work at their own pace, problem solving, discovering and learning on their own. Designed after an office atmosphere, they also help train students how to work well in the work environment. As a student the SLC (student learning center) is a great area for doing all types of work. I am able to choose what to work on, and how to do it by myself and I am given the opportunity to work with my peers or teachers whenever I need. This type of environment and learning style helps me, and all the other students become more prepared for facing the work world in the future.



**Left: Des Moines Learning Center
Background: San Francisco Learning Center**

SOARING TOGETHER!



2016-17 CAP AWARDS - CONGRATS ALL!

Certificate of Achievement

Abigail Pile
Brandon DeCasseres
Brett Mathers
Caitlyn Smallridge
Celine Drayton
Chester Mason
Clayton Walker
Cory Haldane
Danielle Glenn
Danielle Markham
Declan Biggs
Dennis Macdonald
Emily Thomas
Erika Ware
Gavin Kneeshaw
Geoff Owen
Glenn Wyman
Jacob Simpson
Jennifer Mooney
Jennifer Wiersum
Jodi Johnstone
Joshua Coulter
Judah Fawkes
Karl MacKinnon
Katelyn Shimwell
Kenley Ward
Kyle McAbery
Laura Bidmead
Lauren Steen
Lawson MacDougall
Levi Ruck
Loralea Hewitt
Luke Clarke
Madison Fawkes
Mark Taylor
Natasha McCaskey
Natasha Taylor
Nathan Smith
Nicola Hewitt
Nicole Evans
Philip Macdonald
Rafe Brandsen
Rosalie Hewitt

Rosie Gibbons
Roy Emtage
Russell Holt
Russell Wyman
Seth Devenish
Stacey Henry
Stacy Pontefract
Tamara Daniel
Tara Diplock
Ted Symington
Tegan Scott
Victoria Garlick

Certificate of Achievement with Distinction

Abigail Walley
Amanda Truan
Bobby Waskey
Braden McHaffie
Brayden Kennedy
Brendan Church
Chelsea Samuels
Chet Patterson
Chloe Anderson
Daelin Garlick
Danielle Grant
Dayna Hughes
Delano Bartolomei
Douglas Page
Heidi Mitchell
Holly Carmichael
Jared Burrows
Jason Wyman
Jessica Stead
Kara MacKinnon
Kami Roachat
Katrina Ghinn
Lee Cockburn
Lilibeth Ward
Lorianne White
Mary Copley
Nicola Niles
Rachel Dallas
Reagan Emtage
Rick Kennedy
Sally Barnes

Sam Best
Sarah Congdon
Sharon Hewines
Spencer Mitchell
Tina MacKinnon
Travis DeCasseres

Certificate of Achievement with Honours

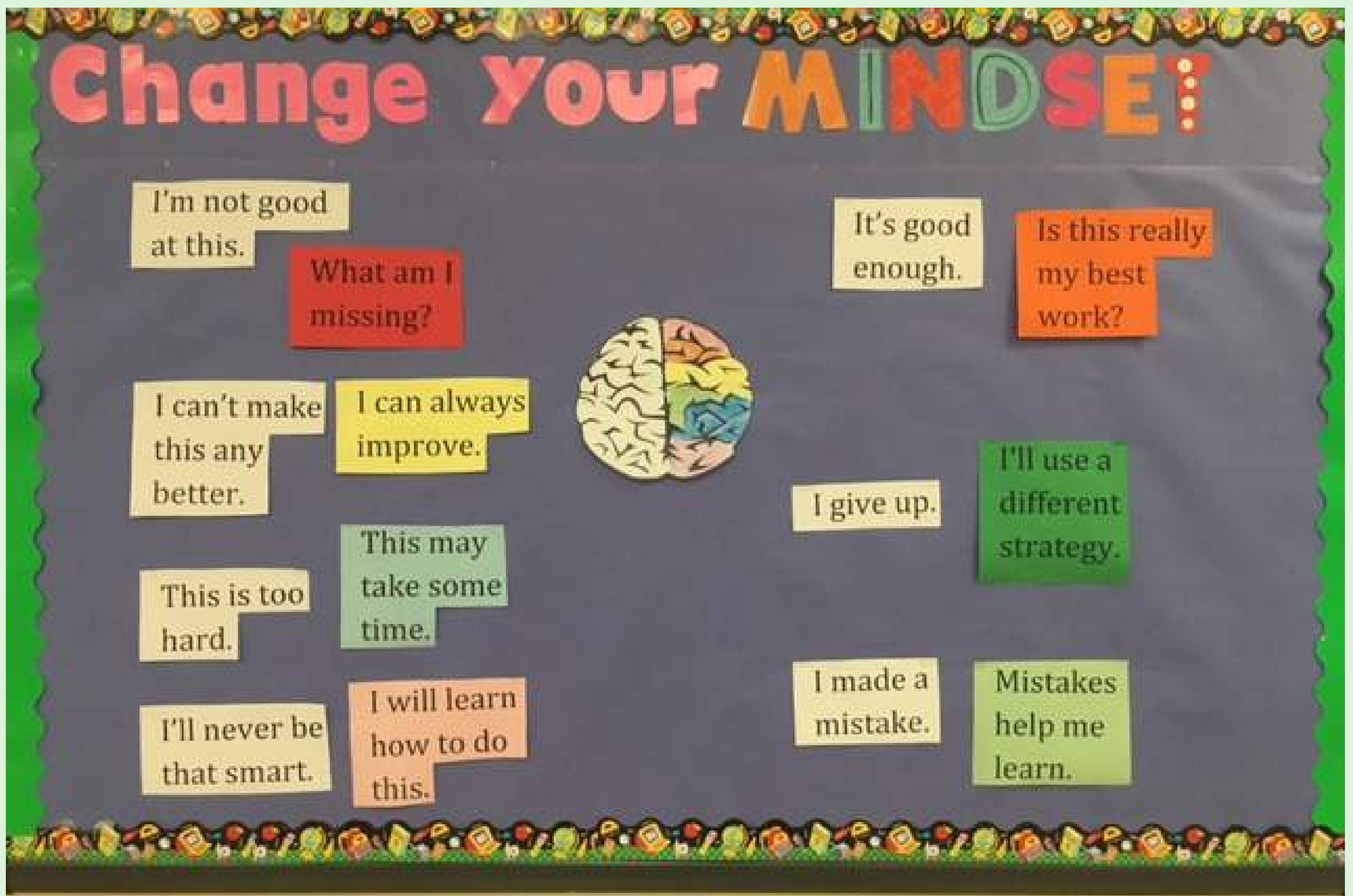
Aleck Jones
Alissa Moore
Amberly Griffith
Barbara Johnstone
Breanne Stroyer
Brenna Mitchell
Brittany Elcock
Caleb Lawrenson
Camden Holt
Cyndelle Mings
Dallas Cornell
Daniel Parr
Eloise Deayton
Heidi Hunte
Jacob Holt
Jenna Gracey
Jessamie Deayton
Jocelyn Devenish
Joseph Stedman
Kayla Carnwath
Kayla Parr
Kylie Jones
Lois Diener
Loretta Drever
Megan Hodgson
Meredith Ursell
Michelle Cavenagh
Natalie Truan
Natalie Holt
Nicola Ewing
Sarah Wootten
Serena Burrows
Shanda Langrell
Shaya Mitchell
Shayna Ursell
Suzanna Pile
Trina Palmer

MR. BEDELL'S VISIT TO LONG EATON CAMPUS, UK

I had the opportunity to spend some time with Ms. Caroline Gray, Headteacher and RP, and her staff at the Long Eaton Campus on September 8th. The trip was part of a visit to Exchange Place to visit the Focus Schools/UBT offices there and the UK Teacher Academy. Long Eaton Campus is just finishing their Learning Centre renovations, much like many of our Campuses here in North America, but the changes are already stunning! The historical Campus is a great location for our trans-Atlantic cousins to engage in the process of Learning to Learn, just like us! I enjoyed my time there and learned just how much we are alike and took many pictures. I'm very grateful for the opportunity and the hospitality from Long Eaton Campus and the rest of the UK team at Focus! Click an image to view more photos from the trip.



GROWTH MINDSET BULLETIN BOARD



The Change Your Mindset board was created to help and encourage students to have a growth mindset instead of a fixed mindset. A fixed mindset is one in which people believe they are either good at something or they aren't. People in a growth mindset believe anyone can be good at something based on dedication and hard work. The bulletin board lists phrases that students might be thinking if they have a fixed mindset. Next to those are growth mindset phrases that student should try thinking instead. By having a growth mindset, the student's brain can form a new connection which helps to strengthen their brain.

Ms. Amanda Gross, Chicago Campus

WEST REGION HIKE AND SPORTS/AWARDS DAYS

Last year's graduates got the opportunity to hike the stunning Highline Trail in Montana's Glacier National Park on August 28th. Additionally, all parents, students and stakeholders in the Sterling West Region were invited to attend the incredible awards and sports days in Omaha, taking place on September 14th & 15th. Click any of the images below to view the leaderboard website! To all the fundraisers, congrats on smashing your goal! Congrats to all graduates and a special recognition to the top 4 graduates who raised funds for this event: John Markham, Victoria Garlick, Jacob Holt and Wade Symington.

Message from Russell Markham:
For the kids in school currently, the Green team raised the most money by the 10 PM deadline in the fundraiser as outlined here:


- Green Warriors: \$53,810
- Yellow Raiders: \$37,765
- Red Troopers: \$20,829

The top 3 fundraisers of the Grades 3-12 were:

- Marlow Johnson, Council Bluffs: \$12,250
- Kandice Markham, Kalispell: \$11,791
- Tristan Peterson, Des Moines: \$11,050

Marlow Johnson will be gifted the GoPro camera for being the top fundraiser. I would like to recognize Tim Sitorius for his tireless efforts towards this fundraiser.



|  | # | Team Name | Amount Raised |
|--|---|------------------|---------------|
| | 1 | Green Warriors | \$ 54,810 |
| | 2 | Yellow Raiders | \$ 37,980 |
| | 3 | Red Troopers | \$ 26,710 |
| | # | Individual | Amount Raised |
| | 1 | John Markham | \$ 111,687 |
| | 2 | Victoria Garlick | \$ 106,851 |
| | 3 | Jacob Holt | \$ 91,296 |
| | 4 | Wade Symington | \$ 73,525 |

HOUSE TEAM VIDEOS!

At the end of the 2016-17 School year, House Teams created videos to showcase their team spirit. We have not yet received all the videos, but here are the 5 we do have. Enjoy!



North Region Yellow Raiders



North Region Green Warriors



East Region Green Warriors



North Region Red Troopers



West Region Green Warriors

KUDOS

Our teacher feature of the week is Ms. Ashley Goertzen from the Regina Campus. Ms. Goertzen has been working hard to offer her students a range of flexible seating choices in the classroom. She has been very creative and has refurbished some existing furniture at the campus to suit the needs of her students. She has created a warm and exciting learning atmosphere and her students are loving their new seating choices. Thank you, Ms. Goertzen, for all of your hard work. We love your new classroom set-up. Below are a few pictures of the different seating options in Ms. Goertzen's classroom.




SEPTEMBER GLOBAL HOUSE TEAM SCORES

3rd

417

RAIDERS



2nd

489


WARRIORS



1st

497

TROOPERS



SEASON TO DATE GLOBAL HOUSE TEAM SCORES

3rd

1403

TROOPERS



2nd

1409

RAIDERS



1st

1483

WARRIORS



The background of the entire graphic is a high-angle, wide-view photograph of a mountainous landscape. In the foreground, a dark, forested ridge slopes down towards a valley. The valley floor is a mix of green fields, dense evergreen forests, and a small town with buildings and roads. A river winds through the valley, reflecting the sky. In the distance, more rugged mountains rise against a clear blue sky with a few wispy clouds. The overall scene is bright and scenic, typical of a mountain resort area.

BI-WEEKLY Journal

**WE'D LOVE YOUR FEEDBACK
ON THIS NEW FORMAT!**

Please email your input to
Amy.Jakes@sterling.education.

Thank you for reading
and look out for the
next edition!